


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Time	Opening Day	Olympic Day	Theme Day	Pizza Day	End of Week
9:00-10:00 am	Warm Up ▶ Stretches ▶ Sunscreen ▶ Scavenger Hunt ▶ Group Picture	Warm Up ▶ Stretches ▶ Sunscreen ▶ Divide into Teams ▶ Walk to the Beach	Warm Up ▶ Stretches ▶ Sunscreen ▶ Firecracker or ▶ Corner Game	Warm Up ▶ Stretches ▶ Sunscreen ▶ Prison Ball or ▶ Firecracker	Warm Up ▶ Stretches ▶ Sunscreen ▶ Corner Game or ▶ Prison Ball
10:00-11:00 am	Morning Activities: Group: 1 (3-7) Bowling Group: 2 (8-13) Bowling	Seascape Beach: Olympic Day Activities Tug of War Fill a Bucket Relay Blob Race Sand Castle Contest	Arts & Crafts (10:00-11:00 am) Varies Each Week	Village Host: Tour of Kitchen Junior Pictionary Board Games Balloon Making Video Games (bring quarters)	Morning Activities: Bowling Group: 1 (3-7) Tennis Group: 2 (8-13) Sand Games
11:00-11:10 am					
11:00-12:00pm	Rotation: Group 1: (3-7) Arts & Crafts Group 2: (8-13) Tennis	Bat Relay Race Team Pictures ↓	Special Guest: (11:00-12:00 pm) Varies Each Week	↓	Rotation: Group 1: (3-7) Sand Games Group 2: (8-13) Tennis
12:00-12:30pm <i>Campers always have a choice of</i>  <i>100% Apple Juice</i>	Seascape Foods: Deli Sandwiches Fruit Apple Juice Filtered Water	Palapas: Burritos or Quesadillas Beans & Rice Otter Pops Plus Filtered Water	Maggie's Kitchen: Macaroni & Cheese Vegetables Milk Shakes Filtered Water	Village Host: Cheese, Pepperoni or Sausage Pizza or Salad Soda Fountain Filtered Water	Seascape Foods: Deli Sandwiches Fruit Aunt Lali's Ice Cream Filtered Water
12:30-1:30pm	<u>Choice Time</u> Swim Center Sport Court Arts & Crafts Volleyball/Soccer Bocce Ball	<u>Choice Time</u> Swim Center Sport Court Arts & Crafts Volleyball/Soccer Bocce Ball	<u>Choice Time</u> Swim Center Sport Court Arts & Crafts Volleyball/Soccer Bocce Ball	<u>Choice Time</u> Swim Center Sport Court Arts & Crafts Volleyball/Soccer Bocce Ball	<u>Choice Time</u> Swim Center Sport Court Arts & Crafts Volleyball/Soccer Bocce Ball
1:30-2:30pm	Switch (Optional)	Switch (Optional)	Switch (Optional)	Switch (Optional)	Switch (Optional)
2:30-2:45pm	Snack	Snack	Snack	Snack	Snack
2:45-3:30pm	<u>Afternoon</u> Martial Arts or Volleyball	<u>Afternoon</u> Kid's Dance or Sport Court	<u>Afternoon</u> Kid's ZUMBA or Soccer	<u>Afternoon</u> Climbing Wall (Counselors and Campers)	<u>Afternoon</u> Kid's Dance or Tennis
3:30-4:00pm	Journals Discussion Sign Out	Journals Medals Sign Out	Journals Charades Sign Out	Journals Trivia Sign Out	Journals Pictures Sign Out

Activities vary throughout the week and are subject to change. Bring sunscreen, tennis shoes, water bottle and towels to camp every day.