



CENTER COURT NEWS

Seascope Sports Club

Published for Members of the Seascope Sports Club



GARDEN COURTS COMPLETED!

The 4 new **"Garden Courts"** opened for Pickleball play in mid-March. These courts are open to all levels, all day, on a drop-in basis. From time-to-time we may tweak the rules on how these courts are used based on Member input.

The **Garden Courts** have lights and night play is encouraged. The Clubhouse and Locker Rooms close at 7pm but players who stay past 7pm can exit the Club through the back gate. The lights stay on until 9pm.

The 3 **"Ocean Courts"** will continue to be reservation courts and will be regularly set aside for advanced players and for various group events.

If you want to learn the game, call the Front Desk to schedule a private lesson with **Imran Safiulla** or sign up for one of his **FREE CLINICS** most Sunday mornings from 10-11 am.



- Each lane in our **Lap Pool** is 6'– 8' wide and may be reserved 24 hours in advance for 45 minutes beginning at 7:15 am each morning. **Master Swimmers** have the option of swimming Tuesday–Friday at 6:15am and **Aqua Classes** are held M/W/F/S at 9:30am. **Our Lap Pool is heated to 80°**. One lane is designated a "drop-in lane" and can be shared by 2 swimmers.
- Junior Members have the opportunity for **Recreational Swimming** in our small pool as well as in the 20' x 20' recreational area adjacent to Lane One in the deep end of our Junior Olympic Size Pool.
- Our oversized, outdoor **Hot Tub** is open for **Adults Only** to promote health and safety. The **Junior Pool** is heated to 86° and is a perfect spot for younger children to play.



During the past year the Club has made several improvements including slip sheeting Courts 2, 3 + 4, converting our Outdoor Hot Tub to salt water, surrounding the Ocean Courts with artificial grass, converting the Clay Court to 4 Pickleball Courts; and adding lights to Court 8. New Cardio Equipment has also been added to the Fitness Center.

There will be an increase in dues beginning May 1 to help cover the significant rise in operating expenses the Club has experienced over the past 18 months.

USTA League Spring Season begins in April. The Club is hosting **9 teams** at different levels and age groups. **It is not too late to join a team!** Call the team captain and/or the Front Desk if you are interested. The teams are **18+ M3.5, M4.0; W3.0, W3.5, W4.0 and 55+ M8.0; W7.0, W8.0, W9.0**. Seascope Sports Club has over **200 Members** participating in at least one of these teams.

Congratulations to the 18+ Mixed 8.0 Team that qualified for NorCal Sectionals!

Over 40 weekly Group Exercise Classes taught by the best instructors in the County



Scan this QR code to view our class schedules

- **Massage Therapy w/Belinda**
- **Complimentary Fitness Assessments (w/Vanessa and Justina)**
- **Pilates Reformer Sessions w/Christy (Offered Tue & Thurs @12pm)**

No April Fools! The Club held a Tennis and Pickleball Round Robin & Social April 1. Close to 100 Members participated. Look for pictures posted on the Club's **Facebook** and **Instagram** pages.

Please note: All Members MUST enter the Club through the Club House "One Member at a Time".

To reduce congestion, we are offering Members the option of exiting the Club through the back gate adjacent to the Wellness Center.