

## CENTRAL COAST FOOT & ANKLE IN WATSONVILLE



The Central Coast Foot and Ankle office in Watsonville is the place to go for both adult and child foot and ankle care. Member, **Dr. David Abdo**, is committed to providing a comprehensive and compassionate approach to your foot and ankle treatment. One of Dr. Abdo's specialties is post injury chronic pain. Ankle sprains are probably the most common sports injury and when this happens sometimes the pain, instability and dysfunction linger, preventing full enjoyment of life and risking re-injury.

Dr. Abdo's offices offer the latest and most advanced surgical techniques. They specialize in ankle and small-joint arthroscopy procedures, the latest advances in non-surgical treatment of painful foot neuromas, and innovative management techniques of even the most complex lower extremity wounds. These are aided by experts in the field of wound care and affiliates of the Monterey Bay Wound Center.

- *Comprehensive Medical and Surgical Treatment of the Foot and Ankle*
- *Board Certified in Foot Surgery by American Board of Podiatric Surgery*
- *Board Certified in Reconstructive Rearfoot and Ankle Surgery by American Board of Podiatric Surgery*
- *Fellow, American College of Foot and Ankle Surgeons*
- *Stanford-Trained Foot and Ankle Surgeon*

**When you visit Dr. Abdo remember you can show your membership card and receive a 15% discount on orthotics and 10% discount on inserts and other products!**

**Central Coast Foot and Ankle is located in Watsonville at 75 Nielson St., Suite B1432 (inside Watsonville Hospital).**

**Call 831-443-6050 to make an appointment. Dr. Abdo's offices accept most forms of insurance.**

***davidabdoodpm@yahoo.com***

